

# Chained Mail 5



Convict Connections



Welcome  
to our bi-monthly  
“Chained Mail”  
which will keep you informed of  
what is happening at our GSQ  
Inc. Interest Group  
“Convict Connections”

**NO MEETINGS UNTIL  
FURTHER NOTICE  
due to COVID 19**

*Sydney Gazette* 20 Dec 1838  
From Launceston –

**THE INFLUENZA** -We beg to suggest to the authorities the absolute necessity for a strict medical examination of all vessels bound into this port from Sydney. The prevailing disease in Sydney, introduced by the emigrant vessels there, besides the influenza, from the effects of which several people have fallen victims in that place, is contagious, and without the greatest care, will find its way among the population of this Town. This suggestion is the result of a case of influenza recently arriving by a vessel from Sydney, which is considered by the faculty, whose attention has been drawn to it, as exceedingly dangerous.

## ON THE WEB

<https://www.digitalpanopticon.org/>  
<https://www.locatinglondon.org/>  
<https://www.londonlives.org/>

200 years ago... *Sydney Gazette* 1 April 1820 –

*Every man, who is in the least conversant with maritime affairs, must be acquainted with the distressing consequences so frequently attendant on long voyages, and which evince themselves in that dangerous disease, the scurvy. Numerous palliatives have been admitted on emergency; but a renovation of health is established only by the use of certain esculent plants; and these in most cases are absolutely unattainable. The best and least expensive antidote for the scurvy is common grass, of a fine texture. The infusion of one pound of this vegetable in one gallon of boiling water, when slightly sweetened with sugar or molasses, yields a very pleasant drink; and has been found by many of the American Captains a never-failing remedy in all scorbutic cases! The only precaution requisite is, to preserve the hay from a state of heat or fermentation; and the infusion should last four hours, in a wooden vessel, that admits the external air from an aperture only on its top. The patient may use the liquor indiscriminately.*

## Ancestors in London?

Check out the London Lives and the Locating London's Past websites. If you had ancestors in London, use the 1746 map and see if you can locate where they lived. Click on Data to locate an Old Bailey trial up to 1819. You can view the trial account AND you can locate from the trial account a London place mentioned.

There are other data sets such as PCC Wills, Coroner's Records, Fire Insurance, etc which also interact with the map.

Click on Historical Background to find out so much more about London lives.